



Welcome to Primary!



Daily schedule

8:10 Students / busses arrive and enter the building upon arrival.

8:30 Classes start

10:00 Recess

11:30 - 12:30 Lunch break

2:30 Dismissal

Breakfast and Lunch Program



Oral Language Development



Speaking



Listening



Vocabulary

Reader's Workshop



Writer's Workshop



Math





Integrated Curriculum & Centers



Group Share



Physical Education



Music



Library





Restorative Practices

What happened?
What were you thinking?
Who has been affected and how?
How can we fix it?
How can we move forward?





Website:

<https://cap.hrce.ca/>

Monthly Newsletter

Safe Arrival App.

Email: cpes@hrsb.ca

Phone 902-864-6864

School Advisory Committee

Parent Teacher Association (PTA)

caudleparkpta@gmail.com

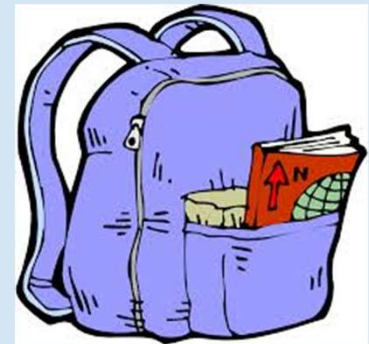
School supports: Schools Plus /Social Worker/ Guidance

How you can best prepare for primary

- Read to your child daily
- Teach your child to:
 - zipper
 - Velcro
 - button &/or tie
 - care for their mask
 - use public washrooms (independently)
- Play games that require turn taking &/or counting with simple rules



- Visit school playground & show your child where they will learn and play
- Practice opening yogurt/pudding, juice boxes, ziploc, wrappers with independence
- Explore with scissors and crayons
- Help your child learn to recognize and print their first name
- Practice counting 1-10
- Encourage speaking in full sentences
- Establish boundaries with technology



Build self regulation and independence:

- Teach how to manage belongings
- Walking beside me to build awareness of surroundings and safety
- Encourage risk taking and trying new experiences
- Foster self soothing and calming



Calm Down Strategies for Kids

Pathway 2 SUCCESS



Color or
draw



Think happy
thoughts



Take deep
breaths



Talk to
someone



Make a list
of choices



Set the timer
and take a break



Read



Think of a
pet



Look at photos



Use positive
self-talk



Take a walk or
exercise







Write in a
journal

www.thepathway2success.com

Created by Kate Hadfield

Zones of Regulation

Red	Yellow	Blue	Green
			
Mad, angry, yelling, or hitting Take a break, count to 10. Talk about it with an adult.	Silly, hyper, frustrated Take a break, deep breathing. Think before you act.	Sad, tired, sick, bored Talk to an adult, take a break. Think happy thoughts.	Calm, happy, ready to learn Help others, listen to teacher. Complete your work.

First day of school..It's a big step!

Let them enter independently.

Be sure to let the teacher know of your before and after school care plans.



See you in September!

