

Caudle Park Elementary

March
2026

Principal: Martha Walsh

Vice Principal: Eleanor Sperry

Administrative Assistant: Sarah Morris



Caudle Park Elementary

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Principal's Message:

What a true Canadian winter it has been so far this year! With cold temperatures and lots of snow, we are ready for longer days and signs of spring! Hopefully, warmer, sunny days are in our future.

February was a great month at Caudle Park. Throughout the school year, we enjoy learning about and celebrating the contributions of African Nova Scotians. During the month of February, African Heritage Month, we enjoyed exploring this year's theme, "Strength in Unity – Moving Forward with Purpose, Prosperity, Power and Progress." Our students also enjoyed learning about oral hygiene and had presentations from the team at Daybreak Orthodontics. Thank you for the teeth-cleaning swag!

This month, our PTA is hosting a dance with the theme "Let's Glow Wild." Wear your bright and neon colours and get ready to glow! There will be a cash canteen and chocolate bar bingo. Please see the attached flyers for more information. We hope to see you there!

Martha & Eleanor

Caring Schools:

Our theme for the month of March is *Perseverance*. Perseverance means not giving up, even when something feels hard or takes a long time to learn. Imagine trying to ride a bike for the first time. You might wobble or even fall, but each time you get back up, you get a little better. Just like climbing a tall hill, every small step you take brings you closer to the top. Perseverance is what helps you keep going, even when you feel tired or frustrated.

Report Cards:

Term 2 report cards will be going home on March 31st. Parent/teacher meetings will be held on April 2nd. There will be no school for students on April 2nd.

March Break:

A reminder that March Break is March 16–20, and schools will be closed. For elementary and junior high, Friday, March 13th is an Assessment and Evaluation Day, so there are no classes for students on that day. Classes will resume on March 23rd.

Upcoming Dates

March 4: SAC & PTA meetings

March 8: International Women's Day

March 12: PTA Dance 6:00-7:30

March 13: Assessment & Evaluation Day (No Classes)

March 16-20: March Break

March 21: World Down Syndrome Day

March 21: International Day for the Elimination of Racial Discrimination

March 31: Report cards sent home

April 2: PD (AM)
Parent/Teacher (PM)
No school for students

School Hours P-5

First Bell: 8:25 am

Classes Begin: 8:30 am

Recess: 10:00 - 10:15 am

Lunch: 11:30 am - 12:30 pm

Dismissal: 2:30 pm

March is Nutrition Month: Make the Most of the Nova Scotia School Lunch Program

March is celebrated across Canada as Nutrition Month, a perfect opportunity for families to focus on building healthy eating habits together. Nutrition Month allows us to explore sustainable eating patterns, food literacy, and learning about the benefits of balance and variety in everyday meals. By highlighting the connection between nutrition and long-term health, Nutrition Month empowers everyone to build habits that benefit both individuals and the planet.

Use Nutrition Month as a reminder to take advantage of the **Nova Scotia School Lunch Program!** With nutritious, balanced meals prepared daily, the program ensures students have the energy and focus they need to succeed in the classroom and beyond. The School Lunch Program is designed to provide accessible, affordable, and appealing meals that feature a variety of foods from all food groups, following Canada's Food Guide. By participating, families can help their children develop lifelong healthy habits while making mornings a little less hectic.

Together, we can make small changes that lead to healthier futures for our families and communities.

Safer Internet Day 2026: Navigating the Internet Safely

As our kids and teens spend more time exploring, creating, and learning online, it's natural to wonder how we can best support them – especially with emerging technologies like artificial intelligence becoming part of their digital world. On Safer Internet Day 2026, Google shared helpful updates and tools designed to make it easier for families to guide, protect, and empower young people as they navigate the Internet safely. Learn more [here](#).

March 21 is International Day for the Elimination of Racial Discrimination

We recognize International Day for the Elimination of Racial Discrimination to build awareness, empathy, and respect among students of all backgrounds. The United Nations established this day in 1966 to call for a global commitment to ending racial discrimination in all its forms.

By learning about the impacts of discrimination and celebrating diversity, children gain social skills and knowledge to be inclusive both within school and home community. Families are our students first educators and through your continuous conversation valuing equity and the elimination of racism, we will continue our shared goal of a society where racism no longer exist.

PTA Dance Info:





DONATIONS WANTED CHOCOLATE BAR BINGO

The PTA is trying something new at the March 'Let's Glow Wild' dance! We will have a room that offers chocolate bar bingo! We are seeking donations of full sized, PEANUT FREE chocolate bars to use as prizes! If you are willing to donate to the fundraiser, please send the bars to the office labelled PTA Chocolate Bar Bingo!

Thank you for your support!

